

LONG TERM CARE RESOURCE DIRECTORY -- WINONA COUNTY

AGENCY NAME: Older Adult Supportive and Educational Services
(OASES) Family Service of Winona

MAILING ADDRESS: 673 Harriet Street
Winona, MN 55987

PHONE: (507) 453-9644

BRIEF DESCRIPTION OF SERVICES: OASES (Older Adult Supportive and Educational Services) is a program serving older adults who are having difficulty coping with changes in their lives, such as loss of a loved one, retirement, relocation, loneliness, isolation, or other stresses. Peer counselors, trained older adult volunteers, visit individuals on a weekly basis, usually in the home of the individual receiving the service. Other services include educational programs on the mental health needs of older adults and related topics.

ELIGIBILITY REQUIREMENTS: The services of the Peer Counseling Program are targeted to individuals 60 years and older. Services are based on assessed need.

HOURS:

FEES: There is no charge for the service of a peer counselor

CONTACT PERSON: OASES Coordinator
Family Services of Winona