

**LONG TERM CARE RESOURCE DIRECTORY -- WINONA COUNTY**

**AGENCY NAME:** SEMCAC Home Delivered Meals

**MAILING ADDRESS:** P.O. Box 549  
Rushford, MN 55971

**PHONE:** (507) 864-7741

**BRIEF DESCRIPTION OF SERVICES:** Delivers nutritious meals, Monday through Friday, to people age 60 and older who are homebound or who cannot prepare the food themselves.

**ELIGIBILITY REQUIREMENTS:** People who are 60 and older who are homebound or who cannot prepare food for themselves. The service is also available to participants' spouses.

**HOURS:** 8:00 a.m. to 4:30 p.m. Monday through Friday

**FEES:** Donations are requested, but no one is denied due to an inability to pay.

**CONTACT PERSON:** Program Director

**COMMENTS:** Areas served are St. Charles, Lewiston, Rollingstone, Altura, Utica, Stockton and Minnesota City in Winona County.