MDA
Fighting Muscle Disease

# FOR A CURE

LOCAL 575
WINONA FIREFIGHTER 5K
to find a CURE for muscular dystrophy

# 5K

## 9:00 AM Saturday, April 19th 2014

## Jaycee Pavilion East Lake Park

$15.00 per person
$12.00 children 16 & under
If registered & paid by April 16th
(Guaranteed a shirt if registered by April 6th)
$20.00 registration day of race
$12.00 children 12 & under

Registration available at Winona Fire Station, 451 E. 3rd Street

OR

Online @ www.active.com
Search "Firefighter 5K"

Day of race registration held from 7:30-8:45 AM

For questions call 608-797-5835