

**Winona Park & Recreation**

**Bob Welch Aquatic Center**

**EAP**  
**(Emergency Action Plan)**

## Basic Pull Out – WATER Rescue Assist – LAND

1. **Rescuing Guard**
  - a. Recognizes emergency
  - b. Activates EAP – *emergency action plan* – **ONE Whistle**
  - c. ALL guards
    1. Whistle Relay – **ONE Whistle**
    2. Stand and point to location of emergency
    3. Expand zone coverage – until all zones are covered
  - d. ROVER (R) runs to scene – assist as needed
2. **Rover (R)** assumes the rescuing guard's position until the guard returns.  
**Rescuing Guard** takes victim (and parent(s) if a child) to office, files appropriate paperwork and returns to position in rotation.
3. **Rescuing Guard** returns to position in rotation
4. **Rover** returns to position in rotation

**No guard rotations are made until guards return to original positions, unless directed by management.**

## **Spinal Injury / Unconscious Victim Water or Land**

### **1. Rescuing Guard**

- a. Recognizes emergency
- b. Activates EAP – *emergency action plan* – **TWO Whistles**
- c. ALL guards
  1. Relay the whistle command – series of **TWO Whistle**
  2. Stand and point to location of emergency
  3. Expand zone coverage until all are covered
- d. ROVER (R) runs to scene – assist as needed.

### **2. All Guards**

Relay WOODY (indicate flat backboard for unconscious, non-spinal)

Relay SPINAL Back (indicating backboard for suspected spinal injury)

**Nearby Guards-** assist in rescues as needed – removal of lap lanes / boarding

### **3. Guard 5:** Retrieves the AED from office, assist with rescue

**Guard 6:** Key- Pumps-Gate-Clear Area

**Guard 7:** Retrieves appropriate board; woody/spinal, assist with rescue / pullout

**Guard 8:** Stops all slide riders, expands zone coverage from top deck

**Guard 9:** Calls 911, makes announcement, assist with crowd control

**Guard 2 or 4:** Remains elevate until pool is clear of swimmers

**All other guards;** Assist as needed, crowd control – playground area

## Sanitation Emergency

### 1. Recognizing Guard

- a. Recognizes emergency
- b. Activates EAP – *emergency action plan* – **THREE Whistles**
- c. ALL guards
  1. Relay the whistle command – series of **THREE Whistles**
  2. Stand and expand zone coverage until all are covered

*The pool is cleared immediately and all patrons should move to the playground area to wait for announcement.*

### 2. Guard 6: Key – Pumps

**Rover / Management:** announcement for patrons to wait for further instructions in the playground and concession stand area.

**Guards 1, 2, 3, 4, 5, 8 & 9: Clean Area; land or water**

**Guard 7:** remain for crowd control (**all others assist with crowd**)

### 3. When the determination has been made as to when the pool will re-open, a manager will make the announcement along with patron options

## CPR / AED

### 1. Rescuing Guard:

- a. Recognizes emergency
- b. Activates EAP – *emergency action plan* – **TWO Whistles**
- c. ALL guards
  1. Relay the whistle command – series of **TWO Whistles**
  2. Stand and point to location of emergency
  3. Expand zone coverage until all are covered

### 2. All Guards:

Relay WOODY (indicate flat backboard for unconscious, non-spinal)  
Relay SPINAL Back (indicating backboard for suspected spinal injury)  
ROVER (R) runs to scene – assist as needed.

### 3. Guard 6: Key – Pumps – Gate – Clear path for emergency crew

**Guard 7:** Retrieves appropriate board; flat / spinal – assist with rescue

**Guard 5:** Retrieves AED from office – assist with rescue

**Guard 9:** Calls 911, makes announcement – clear pool, crowd control

**Guard 2 / 4:** remain elevated until pool is cleared / assist with rescue

**All other Guards:** assist with rescue- crowd control

## **Basic Pull Out – Water Rescue Assist – Land One Guard**

### **1. Rescuing Guard:**

- a. Recognizes emergency
- b. Activates EAP – *emergency action plan* – series of whistles (dependant on victim)

**Whistle: Alerts management / front attendant**

- c. Clear pool – voice and command

### **2. Manager/Front – will take specific direction from rescuing guard**

Arrives on scene to determine if additional assistance is needed

- a. No assistance- continues to clear pool and maintain crowd control
- b. IS IN NEED-
  1. Call 911
  2. Open Gate
  3. Enter water and assist with rescue
  4. Any other needs voiced by rescuing guard

**\* Management remains on deck – Pool should be cleared and patrons together \***

### **Rescuing Guard**

1. Brings victim (and parent if on site) to office
2. Files all appropriate paperwork

All participants remain out of the water until rescuing guard returns to station and resumes surveillance

### **Front Desk Staff**

Monitor facility and crowd control

\* In the case of a spinal injury or an accident which requires more assistance, the rescuing guard will be required to use bystanders to accomplish a safe and effective rescue. \*

**Basic Pull Out – Water  
Rescue Assist – Land  
HALF Staff**

1. **Rescuing Guard**
  - a. Recognizes emergency
  - b. Activates EAP – *emergency action plan* – **ONE Whistle**
2. **ALL guards**
  - a. Relay whistle command – **ONE Whistle**
  - b. Stand and point to location of emergency
  - c. Expand zone coverage – until all zones are covered
3. **Rescuing Guard** takes victim (and parent(s) if a child) to office, files appropriate paperwork and returns to position in rotation.  
**ALL Other Guards** – expand zone coverage, close slide if needed until all guards are back in their chairs.
4. Returns to position in rotation

**No guard rotations are made until guards return to original positions, unless directed by management.**

# Spinal Injury / Unconscious Victim Water or Land Half Staff

## 1. Rescuing Guard

- a. Recognizes emergency
- b. Activates EAP – *emergency action plan* – **TWO Whistles**
- c. ALL guards –
  1. Relay the whistle command – series of **TWO Whistles**
  2. Stand and point to location of emergency
  3. Expand zone coverage until all are covered

## 4. All Guards

Relay WOODY (indicate flat backboard for unconscious, non-spinal)  
Relay SPINAL (indicating backboard for suspected spinal injury)

**Nearby Guards-** assist in rescues as needed – removal of lap lanes

## 5. **Guard 6:** Key- Pumps-Gate-Clear Area / Crowd Control

**Guard 7:** Retrieves appropriate board; flat/spinal, assist with rescue

**Guard 9:** calls 911, makes announcement clearing pool, AED (office), & assist rescue

**Guard 2 or 3:** Rescue/Assist/Remain Elevated

**Guard 8:** Remains elevated until pool is clear, then assists with rescue

## **Sanitation Emergency Vomit Regulations**

\*Vomiting in the pool while swimming is a common event. Often, vomiting results from swallowing too much water, meaning that the vomit is probably not infectious. However, if the contents of the stomach are vomited, it is important to act immediately. – Center for Disease Control and Prevention.

**\*\*If vomit contains more than just regurgitated water – follow the guidelines for SOLID fecal matter\*\***

### **1. Recognizing Guard – MORE THAN REGUGITATED WATER!**

- a. Recognizes emergency
- b. Activates EAP – *emergency action plan* – **THREE Whistles**
- c. ALL guards –
  1. Relay the whistle command – series of **THREE Whistles**
  2. Stand and expand zone coverage until all are covered

*The pool is cleared immediately and all patrons should move to the playground area to wait for announcement.*

### **2. Guard 6: Key – Pumps**

**Rover / Management:** announcement to patrons to wait for further instructions in the playground and concession stand area.

**Guards 1, 2, 3, 4, 5, 8 & 9: Clean Area; land or water**

**Guard 7:** remain for crowd control (**all others assist with crowd**)

### **1. Recognizing Guard – Only WATER / NO stomach contents!**

\*If vomit contains ONLY regurgitated water:

- a. Recognize the situation.
- b. Determine that the vomit is only water and no stomach contents
- c. Check up with the patron – make sure they are ok.
  1. Discuss situations that could have/may occur (dry drowning)
  2. Make sure management knows that this happened (no need to make announcement or activate the EAP)
  3. Do not make a big deal of situation keep respect high

## **Vomit – Process for Communication**

### For guests:

It is a common situation when swimming to swallow too much water and then vomit.

No one needs to feel belittled due to a common situation.

If the vomit contains only water – there is no threat of infectious contamination.

If the vomit contains stomach contents – we follow the solid fecal matter guidelines.

Why do we close: we will temporarily close the facility when the vomit contains stomach contents for proper disinfection and protection of the health and safety of our swimmers and staff. The closure allows the chemicals to kill germs and help prevent recreational water illnesses.

### For Staff:

Determine if vomit contains water only or stomach contents.

If it contains stomach contents – activate the EAP with 3 whistles.

Discuss the situation with patrons and the victim – this will allow solid common language and all will be informed.

Pool closures are an inconvenience to all patrons, staff and operators.

No Refunds will be issued. Follow solid fecal guidelines for complimentary passes.

Please note: there are copies of the Center for Disease Control and Prevention guidelines for anyone interested in reading our variance. See management for copy.