

# Bob Welch Aquatic Center

Hours of Operation • Admission Rates • Registration & Rental Info

## Saturday, June 11 - Sunday, August 28, 2016

Hours: Mon - Fri 12:00 - 6:00 pm Open & Lap Swim  
Sat & Sun 12:00 - 7:00 pm Open & Lap Swim

Additional Lap Swim: Mon - Fri 10:00 am - 12:00 pm  
& 6:00 pm - 8:00 pm

Check our website for additional pre and post-season hours.  
The Aquatic Center will be closed July 22-24 due to the USA Swim Meet.

Available for Private Rentals: **\$260 / Hour**

Mon - Fri 8:00 pm - 10:00 pm  
Sat & Sun 8:00 am - 11:30 am &  
7:00 pm - 10:00 pm

Great for birthday parties, family reunions, business gatherings, end of season sport celebrations and more! No glass or alcohol.

Reservations can be made at the **Park & Rec Office:**  
**207 Lafayette St. Room 105**

Daily Rate		Memberships	
4 & Under	Free	Unlimited Use	
5-18 Years	\$4.00	4 & Under	Free
19 & Over	\$5.00	5 & Over	\$44

Punch Card
1 Punch Per Person Per Visit
<b>10 punches \$37.00</b>



**Dollar Days!!**  
June 19  
July 3, 17  
August 7, 21

AQUATIC

## Registration & Policy Information:

Don't miss out on all the action that the Aquatic Center has to offer. Register for programs, purchase memberships, or reserve your private party by stopping into our office. Scholarships available for select programs and Memberships; apply at City Hall. Winona Park & Rec. strives to meet the needs of all participants. If you or someone you know needs special accommodations, please contact us so we can help. Conflicts happen, so if you register and need to withdraw from a program contact the office at least 5 business days prior to the program and receive a refund, less a \$5.00 processing fee. We do our best to offer all programs as advertised. Many programs have a minimum enrollment. If there are not enough interested participants, and the program is cancelled, participants will receive a full refund for the program. **Since many of our programs happen outdoors and safety is a priority, make sure to check the cancellation line (507) 457-8220 before heading out to a program or facility.**

## Log Rolling

Fee: \$40.00



Log Rolling is a great full body activity that will challenge you both physically and mentally. Open to both youth\* and adults, this fast paced exciting activity is sure to get your heart racing and your feet moving. No previous experience needed. Classes are 30 minutes. Sessions meet for 7 consecutive weekdays.

\*Youth must be at least 5 years of age and successfully completed level 1 swimming lessons.

Session 1	11:25a	<b>10724</b>
June 13-21	7:00p	<b>10725</b>
Session 3	11:25 a	<b>10726</b>
July 11-19	7:00 p	<b>10727</b>
Session 5	11:25 a	<b>10728</b>
August 8-16	7:00 p	<b>10729</b>

## Aqua Zumba with Sheena Gifford-Whitesitt

Fee: \$40.00

Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, the Aqua Zumba class blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief. Classes are held on Tuesday & Thursday evenings.

<b>10731</b>	June 7, 9, 14, 28, 30 & July 7	6:00 pm - 7:00 pm (rain dates announced if needed)
<b>10732</b>	July 12, 14, 19, 21, 26, 28	6:00 pm - 7:00 pm
<b>10733</b>	August 9, 11, 16, 18, 23, 25	6:00 pm - 7:00 pm