This winter/spring, join Winona Park & Recreation for an Advanced Aquatics course in Lifeguarding, Lifeguard Recertification, and/or Water Safety Instruction. These courses provide participants with life saving skills and knowledge to help them keep people safe in, on, & around water.

All courses are taught in a **blended learning style** which includes classroom, hands-on, and online learning. Course participants must meet age requirements for each course (listed below), and demonstrate maturity and responsibility.

<table>
<thead>
<tr>
<th>Lifeguard Training</th>
<th>Lifeguard Recertification</th>
<th>Water Safety Instructor</th>
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</thead>
<tbody>
<tr>
<td>$185</td>
<td>$115</td>
<td>$220</td>
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- **Lifeguard Training**
  - Must be 15 by first day of class.
  - This course certifies students with an American Red Cross Lifeguarding credential, making them eligible for employment in many Aquatics settings.
  - **March 28 & 29 (27304)**
    - 8a-4p WSU Memorial Pool
  - **April 18 & 19 (27305)**
    - 8a-4p WSU Memorial Pool
  - **May 30 & 31 (27315)**
    - 8a-4p Bob Welch Aquatic Center

- **Lifeguard Recertification**
  - This course renews expiring or expired (within 30-day grace period) Lifeguarding credentials for 2 years.
  - **Date April 25 (27317)**
    - 8a-4p Location TBD

- **Water Safety Instructor**
  - Must be 16 by first day of class.
  - This course certifies students with an American Red Cross Water Safety Instructor credential, making them eligible to teach the Nationally Recognized Learn to Swim program.
  - **April 6 & 7 (27306)**
    - 8a-4p WSU Memorial Pool
  - **May 30 & 31 (27310)**
    - 8a-4p Bob Welch Aquatic Center

Course locations, times, registration links, and other information can be found online at: [www.CityofWinona.com](http://www.CityofWinona.com)

Questions? Contact us at (507) 457-8258 or recreation@ci.winona.mn.us